

CINAMON

(Thakthing)



Issued by
Department of Horticulture
Mizoram : Aizawl

THAKTHING (CINAMON)

Botanical Name : *Cinamomum zeylaricum*

Family : *Lauraceae*

A ʔo bul : *Shri Lanka*

A chi hrang te : *Navasree, Nithyasree,
Sayundini.*

Sik leh Sa leh Leilung :- Thakthîng hi khawlum leh hnawng ah a ʔa duh hle a, MSL 1800m hnuai lamah chuan a chin hlawhtlin theih a. Lei dur ʔa leh tui luanral zung zung theihna hmun a ngeih ber a, tlak lei leh banah chuan chin loh a ʔa.

A tihpun :- A chi aʔanga tihpun a ni ber a. Leidur ʔa tak siam a, inches 2 danah a chi kui tur a ni a, thlaruk hnu velah pollypot-ah dah leh tur a ni.

A phun dan :- A ʔiak ʔa leh hrisel chauh phun atân thlan tur a ni a, kumkhat emaw kum hnih emaw a upa anih hunah phunchhuah tur a ni. A phunna tur khur 2x2m danah 2ft bial a laih a, lei chung lâng leh hnim hnah tawih te a a khur hnawhkhah a ʔa hle.

Leitha pek :- Kum khatna-ah NPK 20:20:25 gms kung khat atan a tâwk a, a kum hnihna ah chuan a let (double) pek tawh tur a ni. Bawngek leh Compost leitha kung khat atan 20Kg tal kum tin pek a tha. A kung puitlin hunah NPK 200:180:200 gms pek tur a ni.

Bawngek leh Compost leitha te hi May- June thla ah pek a, leitha dangte chu vawihnih pekah hman tur a ni.

Phun hnu a enkawl :- Thakthîng phun hlim te chu tui pek that a ngai a, a tet lai chuan hnim thlawhfai reng a tha. Kum hnih hnu-ah a kung 15 cm vel zuah a tan tur a ni a, a kung hniam te a buk taka siamin, a hnu-ah enkawl a awlsam phah a ni.

A seng khawm (Harvest) :- Thakthîng hi kum thum hnu-ah chuan a seng (*harvest*) tan theih tawh a. May thla leh November thla te hi a seng hun tha ber a ni. A seng hun dik tak hriat theih nan chemte hriam takin a kawr kha tan (cut) ila, awlsam taka a kawr a kheh theih chuan, chu chu a seng hun tha ber a ni. A zar 2 - 2.5 cm diameter (*a lai a hawlh tlang*) a lian chin a seng theih a, a kawr lak dawn hian a pawnlung chin ziahfai hmasak a, a zar/ pengte leh a hnah te paih fai vek hnu-ah a kawr lak tur a ni. A kawr lak tur zar kha 30 cm danah a zâr tan zawng leh a dung zâwngin hmun hnih-ah zai tur a ni a,

chumi hnu-ah chemte kawm hmangin a kawr lâk tur a ni. Chung a kâwr te chu a kâwr hlai deuh chhungah a tê deuh te dah a daihlmah dah ro tur a ni.

Thakthîng kâwr dah ro te chu a chhia leh tha thliar hran (*grading*) tur a ni a, a quality that dan a zira thliar hran dan chu.

- i) **Fine/ Continental:** Fine quality-ah chuan thakthîng kâwr ro, a sei lam leh a chhahdân inang tâng leh a rawng tha, a engbuâng (*Yellowish brown*) te a ni.
- ii) **Mexican:** Quality tha ber dawt chiah hi Mexican grade tih a ni.
- iii) **Hamburg/ ordinary:** A chhah lutuk leh a rawng duk lutuk ho te hi Hamburg/ordinary grade a ni.
- v) A pan lutuk te, a kehnavi leh kâwi lutuk hote hi a quality hniam ber Lower grade a ni.

Thakthîng kâwr hi a hersawmna a awm chuan sengkhawm zawh veleh hersawm nise, darkar 4 vel lekah tha takin a tih ro theih a, dah that pawh a awlsam zawk a ni.

Thakthîng kâwr a tang hian Chips te, Oleoresin te, Cinnamon bark oil leh thakthîng powder te siam a ni a. Thakthîng hnah leh zung kâwr a tangin oil siam a ni bawk.

NATNALAKA VENDAN

Thakthîng hian natna angah vak lova, Leafspot leh dieback natna te hi a lâr zual a ni a. Heng natna a lo awm chuan a hnahah val a lo awm thluah a, a buang/ uk rawngin a kâp thin. Heng natna enkawl nan leh vên nan Bordeaux mixture 1% a kah tur a ni.

A tangkaina:

Thakthîng atanga oil/powder siam te hi nitin thirfian te chanve ei chuan Blood Sugar leh cholesterol te 20% in a tihnam thei a, kawthalo leh pum nuam lo te tân pawh damdawi-ah hman a ni. Eitur chi hrang hrang atân bawhlo pawimawh tak a ni bawh.